

WINTER SOCCER LEAGUE

JANUARY 20th - MARCH 10th

Games will be played:

Saturdays: 3:00-9:00

Sundays: 12:00-5:30

Wednesdays: 6:00-9:00

Specific game times will depend on the number of teams per age group registered.

Age Brackets

- U10 (2008,2009)
- U12 (2006,2007)
- U14 (2004, 2005)
- High School: U16 (2002) - U19 (1999)
- Adult Coed Teams: 19+

**Games will be played on a 15x30 yard turf field at
Rally Time Sports Club, 5000 NE 12th Ave, Pleasant Hill, IA 50327**

\$150 per team (min 4-max 6)-6 Games Guaranteed

Register as a team or register as an individual and be placed on a team.

**League formation and scheduling will be determined by the amount of teams and players registered per age bracket.*

Why play 3v3?

- With fewer players on the field, each player has more opportunities to touch the ball, using and improving their soccer skills. Small-sided games can develop your player's decision-making, technical attributes, tactical knowledge and physical conditioning through functional movements. Small-sided soccer is FUN and allows more opportunities to score. Scoring can increase self-esteem, character development and team chemistry!
 - More touches on the ball
 - Increased number of game related decision-making opportunities
 - Constant transition from attacking to defensive situations
 - Increased 1 vs. 1 encounters in both attacking and defending situations
 - Increased opportunities to utilize specific ball skills
 - Increased opportunity to be in a goal scoring position

SIGN UP TODAY AT:

www.altoonasoccer.net/registration or at Rally Time Sports Club

For more information or questions email:
aysa.programdirector@altoonasoccer.net